





WORKPLAN

European Pole Sport & Aerial Championship 2023

&

22-25 June 2023 Bologna – Italy







About the European Pole Sport Championship 2023

These Europeans are Europeans for top athletes, but for amateurs too from countries and cultures all over Europe. The objectives are the gathering of sports friends, as a worldwide family to advance making friends as well as the exchange of information, expertise and experiences within the multi-sport community of POSA and its partners.

Up-to-date Information:	-> Official Worlds Webpage: -> POSA Webpage: <u>www.posaworld.org</u> -> Facebook: Pole Sports & Arts World Federation -> Instagram: posaworldfed				
Place of Arrival:	Bologna, Italy				
Date of Arrival:	June 20, 2023				
European Aerial Sport Championship	22 of June (If necessary, depending on the number of participants, a session could also be scheduled on 23 June in the morning).				
European Pole Sport Championship	24-25 of June				
Date of departure:	26 th of June				









OFFICIALS AND ORGANIZING COMMITTEE

<u>1.1 Pole Sports & Arts World Federation (POSA)</u>

POSA OFFICIAL COMMITTEE (OC)

- President
- Vice-President
- Vice-President
- Mariana EICHELBAUM

Eleonora SOLDANO

Tamas KATUS

Elisa GOZZI

Yofre BLANCO

Cesare BIANCHI

Franco TINELLI

JyrkiRANTANEN

Alessandra Marchetti

Yana ROMANOVA

Veronika PAVLOVA

Natalia GUSEVA

Vanessa COSTA

Asta PUSSINEN

Sara CAVARA

Davide LACAGNINA

- Vice- President Katrina WYCKOFF
- General Secretary
- **General Secretary**
- **General Secretary**
- Head of Events
- HeadofEthic
- Treasurer
- Head of Antidoping

POSA TECHNICAL COMMITTEE (TC)

- President
- Vice-President
- Member
- Member
- Member
- Member
- Member
- Member-Supervisor

Darina LYUSHENKO Tamàs KATUS

1.2 Official POSA Contact Address

POLE SPORTS & ARTS WORLD FEDERATION

Via Pietro Bernasconi 3, CH-6883Novazzano, Switzerland Tel.:+41765967337 E-mail: contact@posaworld.org Web: http://posaworld.org/

1.3 Host Federation / Organization 2022 E.C. Local Organizing Committee

Federazione Italiana Sports Acrobatici & Coreografici (FISAC) Via Cristoforo Colombo, 35, 47042 Cesenatico FC Telefono: +39 0547 84935











1.4 2023 E.C. Local Training Centre Contact Address

For all athletes participating in both competitions who wish to train between the two competitions, they can train at this facility with 4 meters poles:

Pole Jam Studio

Via Zanolini 17, 40126, Bologna, Italy

Athletes can book the training with the link below:

https://widget.fitogram.pro/jam-pole---aerial-studio/?w=/list-view

Rehersals stage:

The stage rehersals will be without music, each athlete will have 1.30 minutes to rehearse the stage, each delegation will be sent the rehersals programme divided by each national delegation.

2.1 Updated competitions schedule European Pole & Aerial Sport Championship:

Tuesday, 20 & Wednesda June	y 21 of
Days dedicated to the arrival of Aerial delegations (mostly)	
Wednesday 21 of Ju	ne
From 9am:Athletes' Accreditation and Stage Training by nations as per schedule (Aerial only)	
-Rehersals stage per country from the morning (Aerial athletes only)	Competition hall
From 5.30pm:Orientation Meeting (Mandatory) and Opening Ceremony Rehearsal	
Thursday 22nd of Ju	ne
8.00am	Competition hall
Aerial sports Opening Ceremony (Mandatory)	
8.30am	Competition hall
Competitions Amateurs & Competitives (all categories)	
Afternoon: Awards Ceremony	Competition hall
WWW.posaworl EAVY EVENTS mail to: <u>contact@pos</u>	







From 9am: Athletes' Accreditation and Stage Training by nations as per schedule (Aerial only)	Competition hall
-Rehersals stage per country from the morning (Aerial athletes only)	
From 5.30pm: Orientation Meeting (Mandatory) and Opening Ceremony Rehearsal	
Saturday 24 of June	Competition hall
8.00am	
Pole sports Opening Ceremony (Mandatory)	
8.30am	
Competitions Semifinals Amateurs & Competitives (all categories)*	
Afternoon: Announcement of the finalists	
Sunday 25 of june	
9.30 am: Juniors Finals (all categories Amateur,Competitive)	Competition hall
Medal Awards Ceremony Juniors Categories	Competition hall
14.00 pm: Seniors, Masters & Parapole Finals (all categopries Amateurs & Competitives)	Competition hall
6.00pm: Medal Awards Ceremony Seniors & Parapole Finals	Competition hall
Monday, 26 of June	

Departure of the participants

*Some categories with less than 10 athletes may only have the final competition. This programme may vary, depending on organisational requirements.

2.1 Competition format

1stday, Thursday 22nd of June

Aerial Competition Amateurs & Competitive

European Championships all categories Amateurs, Competitive & Parapole World Championships

2nd day, Saturday 24th of June

Pole Sport competition Amateurs & Competitive The top ten in all categories may participate in the finals.

3rd day, Sunday 25th of June

Pole Sport competition Amateurs & Competitive fianls

European Championships all categories Amateurs, Competitive & Parapole World Championships



www.posaworld.org mail to: <u>contact@posaworld.org</u>







Qualifications

The starting order of the competition (qualifications) will be made between the 10th and 15th of June 2023 by the official representatives of POSA after the deadline for athlete applications (<u>8th of June 2023</u>) has closed. If a National Federation reduces the number of participating athletes after the definitive inscriptions, POSA/TC has the right to adjust the starting order to ensure the best possible running of the competition.

Qualifications for the World Championships 2023 & European Championship 2024

Reference is made to the current standards described in the Rules & Regulations 2023.

POSA European Championships Finals & "Passport Rules"

- The top ten in each category will qualify for the finals.
- No more than **two** (2) athletes per country (same nationality) are admitted to the final. This means that only the first two athletes from the same country will be admitted to the final. In case of more than two athletes from the same nation in the top ten semifinals, the next athletes of different nationalities in the ranking will then be admitted to the final until a total of 10 athletes are reached.
- In case of a tie at any position at the end of the qualifications see POSA Code of Points.
- This rule could also be applied to Aerial's competition, should there be a need to organise semifinals and finals.

The list of the finalists, including two reserves, will be handed over to the head of the delegation after each qualification. Starting order of the final, is made according to the draw of lots carried out in Olymoic Training Center of Tirrenia (Italy), on the 7th of February 2023, by the official representatives of the POSA.

Access to the competition area

• The competition area is accessible to the members of the various juries, competing athletes and their accredited coaches, to local group leaders, to the auxiliary personnel of the Jury, to the President of the POSA Medical Commission, the official doctor, the team doctors, medical staff and to persons concerned with the apparatus. A team medical person is permitted to accompany the athletes and coaches during all Competitions.

• Interpreters may not enter the competition area without the permission of the President of POSA/TC.

• The competition area is strictly forbidden to all other persons.

• The use of any kind of electronic devices (video, mobile phones, etc.) is strictly forbidden in the competition area. Please note that, according to the decision of the Executive Committee of POSA, if a mobile phone or any other electronic communication device is used in the competition area during the entire competition, the person concerned (athlete and/or coach) will be immediately expelled. The athlete will not be ranked and will not be authorized to participate in the remaining competitions. If this rule is violated by a coach, all his/her athletes will also be expelled.

• Professional photographing and filming the performances are under written permission by the organizing committee









Awards ceremonies

The ceremonies in the competition venue will take place as mentioned in the time schedule.

Poles & Aerial supplier

The competition podium and training hall have the official POSA poles supplied by **APole** only. Stainless 45mm. Competition stage pole height 4 meters. In the training hall there are several ThePole stainless 45mm stages available along with other warm-up choices.

Hoop from **APole**, will be available.

Scoring and distribution of results

Once the competition has finished, by request, all delegations will be provided with a complete set of results (Difficulty only) by e-mail. However, requests must be sent to the international federation within one month after the end of the competition, after that date, it will no longer be possible.

List of difficulty elements

Athletes must send their "Difficulty Sheet" (along with music) by <u>16th of June</u> via email, directly to <u>contact@posaworld.org</u>.

As specified in COP 2023, the athlete who changes something in the declaration of the elements, must bring the new Difficulty Sheets in 8 copies directly to the competition.

<u>Music</u>

To limit the technical problems with the music used for the competitions, the Organizing Committee has decided to only accept the athletes' music in an **MP3** format only. All music used during the 2nd Pole Sport European Championships must be submitted online.

Athletes must send their music by **<u>16th June</u>** via email <u>contact@posaworld.org</u>

Each music file will have to contain the following information:

- The name of the nation (official abbreviation of the country);
- The first and last name of the competitor/s;
- The category;
- The length of the music;

- (Example: ROU_ RADU_Alina_Junior_IW_3min30s_mp3) If you need help, please contact us at: polesportandgymnasticsacademy@gmail.com

In addition, the competitors need to bring their music with them to the venue on the competition days on an USB stick as a backup.

Each Federation must sent The National anthem by email (<u>contact@posaworld.org</u>) at latest on <u>20th</u> <u>of June.</u>









Doping control

Any doping is prohibited. A doping control can be done to the athletes at any time, without a prewarning, in accordance with POSA regulations. Doping controls will be carried out in accordance with the WADA regulations.

Please read POSA Rules & Regulations & POSA- Code of Points.

Each athlete needs to have a competition WHEA/POSA license with approved anti-doping contract.

THE JURY

Jury composition

Jury A

Head Judge fixed by draw
difficulty judge fixed by draw
difficulty judge fixed by draw
4-5 artistic judges fixed by draw
4-5 execution judges fixed by draw

Jury B

Head Judge fixed by draw 1 difficulty judge fixed by draw 1 difficulty judge fixed by draw 4-5 artistic judges fixed by draw 4-5 execution judges fixed by draw









Inquiries procedure

Inquiries for the difficulty scores will be allowed if they are made verbally **immediately** after the publication of the score or at the very latest before the end of the routine of the following athlete (then 4 minutes). For the last athlete of a rotation (rotation=group of athletes, for example 1st Group of athletes during the competition is called "rotation"), this limit is one minute after the score is shown on the scoreboard.

The person designated to receive the verbal inquiry will have to note the time of receiving it, which will start the procedure. Only the accredited coaches present in the competition area will be entitled to submit an inquiry. Late verbal inquiries will be rejected.

A federation will not be allowed to complain against an athlete from another federation. The inquiry will have to be confirmed in writing as soon as possible, but at the latest within 4 minutes after the verbal inquiry and will require an agreement of payment of EUR 150—for the <u>first</u> complaint, EUR 300 — for the <u>second</u> complaint and EUR 600— for the <u>third</u> complaint. Should the inquiry not be confirmed in writing within 4 minutes, then the procedure will become <u>obsolete</u>.

Should the inquiry prove correct and be accepted, this sum will be <u>reimbursed</u>. Every inquiry will be examined immediately by the **Superior Jury** and a final decision, which may not be appealed, will be made very soon, at the very latest:

- At the end of the rotation for the qualifying competitions, or at the end of all-around competitions.
- Before the score of the following athlete is shown for the finals.

The detailed procedure is laid down in the respective POSA Code of Points.

Tie breaking rule

- In case of a tie at any position at the end of a qualification see POSA Code of Points
- In case of a tie at any position at the end of finals see POSA Code of Points

THE ORGANIZATION OF THE EVENT

Competition venue for POSA European Championships



Centro Sportivo Corticelli

Via Enzo Zoni, 2, 40133 Bologna BO











Delegations

The following athletes are eligible to participate in the Pole Sport & Aerial European Championship:

- 1. Athletes matching the guidelines of the 2023 Rules & Regulations (Pole Sport)
- 2. The first 3 classified (<u>Amateurs and Competitive</u>) of the 2022 or 2023 National Championships (Depending on when the qualifying competition was organised)
- 3. All those automatically admitted by the International Federation (Wild Card Athletes).

Maximum number qualified trough the Nationals Championships 2023:

Delegation members	Seniors	Juniors A	Juniors B	Juniors Mix	Masters +50 &+40
Head of delegation	1	1			
Team leader	1	1	1		
Doctor & Masseur/Physio.	2				
Coaches	4				
Individual male athlete	3	4	4		3
Individual female athlete	3	4	4		3
Doubles	3	4	4	4	
Parapole	3	3¥ ★ ¥	3		3

<u>Please note: the numbers in the table refer to the athletes qualified by the 2023 National</u> <u>Championship.</u>

For any delegation, it is possible to bring one more athlete per individual category as reserve. This athlete must pay the application fee as any other athlete.

Doubles: In case of injury or renunciation of one of the two qualified Doubles members, it is possible to replace the resigning athlete with a different athlete (all this must be communicated via email to contact@posaworld.org

POSA wants to give the Doubles athlete who has been left without a partner (but who is qualified by law), the opportunity to compete in any case.

If this is not possible, the athletes must communicate their renunciation to compete as soon as possible to give way to Doubles number 4 in their national ranking to be able to compete at the World Championships.

If no announcement from the athletes or the National Federation is received within the established deadline, the National Team will no longer have the right to enter any other Doubles in the competition to replace the renouncing Doubles. Warning: After the substitute athlete's communication has taken place, Doubles will not be able to make any further changes. Deadline for all these communications: 10th June 2023.









Registration and accreditation

Warning: Each athlete is asked to submit a half-length photo at the time of registration. This photo will be used for the presentation of the athlete on the led wall. The photo should be sent to <u>contact@posaworld.org</u> along with the Definitive Accreditation form.

Accreditation permits the identification of all participants and indicates the access to certain zones. Access to all zones will be controlled. Accreditation card must be visibly worn throughout the whole event. The accreditation card is personal, non-transferable, and necessary to access the training and competition halls, as well as for official transports.

Accreditation will be carried out upon arrival. During the accreditation the athletes and/or the Heads of Delegations will verify the identity of the members of their delegation. To get the accreditation all members of the delegation must have fulfilled all the necessary financial obligations (including insurance). Upon accreditation, the Head of Delegation or their representative will have to bring a copy of the Medical Certificate/Diploma for medical personnel. POSA will collect and record these certificates. Please note that without this document, the accreditation of the medical personnel will NOT be released.

POSA Directives and Technical Regulations will be strictly applied, especially to the number of persons accredited per nation.

Training information

The training will start in the training hall and at the competition stage on Wednesday 21st of June. Access the competition hall, the training and the warm-up halls will only be granted to the delegations wearing the accreditation card and only during the times reserved for their nation. The training hall is open to all athletes competing on that day from 8am to 9pm.

Opening ceremony

Participation in the Opening Ceremony, i.e., the parade of nations, is compulsory for each delegation, which must present at least one athlete who can take part in it by displaying the flag they belong to. The Official Opening Ceremony will be held on Thursday 22 June (for Aerial delegations) and Saturday 24 June for Pole Sport delegations., in the Competition Hall.

The ceremony will consist of Flags Presentation by nation with the competitors by nation performing a special greeting for the audience. All competitors must wear their national tracksuit. All delegations should have the National Flag (dimension of 100/200 cm) with them on Opening ceremony.

Medical services

The LOC will provide the necessary medical services.









Official POSA Hotels

The headquarters of the organisation and POSA (Judges, staff, technicians, etc.) throughout the event will be the following:

Best Western Double bed | Double room 88,2 € Triple room 109,8 €

HI Hotels Bologna Amadeus Double bed | Double room 204€

Hotel Maggiore Double bed | Double room 203€ Triple room 253€

My One Double bed | Double room 187€

Transportation

The sport hall and the hotel, are very close to each other, walking distance from the hotel to the sport hall.

How to arrive in Bologna

Bologna is one of the most interesting cities in Italy in terms of both history and culture. In fact, it is here that the world's first university was founded back in 1088 and it is here that one of the peninsula's greatest cultural ferments took place. A predominantly university town, it has important bus and train stations, as well as the 'Guglielmo Marconi' airport, which offers important national and international connections.

How to reach Bologna by train

Bologna is mainly served by the Bologna Centrale railway station, where both Trenitalia trains, which also offers high-speed Frecciarossa trains, and Italo fast trains arrive. This railway station connects the capital of Emilia to the major centres of the entire peninsula with some direct train connections to other European countries as well.

How to get to Bologna by bus

Regional, national, and international buses to Bologna stop at the bus station located a 5-minute walk from the train station. Bus companies such as FlixBus, Baltour, Buscenter, Alsa, Marozzi, Marino and others arrive and depart there, providing both national and international connections.









How to reach Bologna by plane

Bologna is served by the 'Guglielmo Marconi' international airport. Numerous airlines, both scheduled and low-cost, land at these airports. These include Alitalia, EasyJet, Vueling, Ryanair and Lufthansa. Flights to Bologna come from various Italian airports: Naples, Alghero, Bari, Brindisi, Cagliari, Catania, Lamezia Terme, Palermo, Olbia, and Lampedusa, as well as from major European cities such as London, Berlin and Paris, to name but a few.

Insurance

POSA Technical Regulations stipulate that all participating federations or athletes must assume all costs in relation to the medical insurance of all delegation members (illness and accidents). The Local Organising Committee has the right to verify the validity of the insurance upon arrival of the delegations (policy insurance, original or copy).

Entering the European Championships without a valid medical insurance for all delegation members will be rejected.

<u>Visa</u>

Please check whether you need a visa to enter Spain. The Local Organising Committee will gladly assist you in applying for a visa. The assist must be requested no later than <u>20th of May</u> from <u>contact@posaworld.org</u>

Tickets (spectators only)

Tickets can be paid for using the same IBAN that you can find on the last page of this Workplan, then presenting the receipt directly at the Sport Hall entrance, or spectators can be purchased directly at the Sport Hall.

The ticket price is \in 25 per person per day.

For information about packages including several days, discounts, etc. please contact the Local Organising Committee directly at the following emails: polesportandgymnasticsacademy@gmail.com sara.cavara@theyellowbrick.it

Regulations

The European Pole Sport Championship 2023 will take place under the following regulations.

• The current Codes of Points 2023 and the followings remarks, or documents issued by the POSA/PS TC.

- The current POSA Rules & Regulations
- WADA Internationals Regulations.
- The POSA Antidoping Rules
- The current POSA General Judges' Rules (Code of Ethics).

All documents (Difficulty sheets also) can be downloading in the link below: https://www.posaworld.org/documents/









Deadlines Checklists

Competitors:

- Deadline for all delegations and athlete's registration is on 8thJune.
- Deadline for Difficulty Sheet and music is on **16th June**.
- Bring your music on USB-stick as a backup.
- Bring your personal insurance

National Federations/Head of the delegation:

- Deadline for National anthem is on **20th of June**.
- Bring National flag for your delegation.
- Bring a copy of the Medical Certificate/Diploma for medical personnel to the accreditation centre (see further information on chapter 4.5)
- Each accreditation person (other than competitive athlete) must purchase coaches pass. It will be available in the accreditation link

3rd POSA EUROPEAN POLE SPORT CHAMPIONSHIPS JUNIORS AMATEURS & COMPETITIVE (A - B) Sunday, 25th of June, 2023 FINALS DRAW – Tirrenia (ITA), 7th February 2023

Qualification Ranking	Final Starting Order Junior A	Final Starting Order Junior B	Final Starting Order Doubles Junior A&B	Final Starting Order Doubles Junior Mix
1	4	4	1	10
2	2		3	9
3		5	8 ~	1
4	9	* 9 🔶 *	7	8
5	8	6	5	6
6	3	10	9	4
7	5	1	10	5
8	6		4	3
9	7	2	6	7
10	10	8	2	2

*In case the Juniors categories are less than 10, the running order will be the reverse of the semi-final ranking, or they could simply have a direct final without a semi-final.









3rd POSA EUROPEAN CHAMPIONSHIPS SENIOR & MASTERS AMATEURS & COMPETITIVE Sunday, 25th of June, 2023

FINALS DRAW – Tirrenia (ITA), 7th January 2022

Qualification Ranking	Final Starting Order IM Mix	Final Starting Order IW	Final Starting Order Doubles	Final Starting Order MA40 (M&W)	Final Starting Order MA50 (M&W)
1	5	3	10	7	9
2	3	6	8	6	3
3	4	9	3	3	6
4	10	5	2	5	1
5	9	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	VV 70 >	10	5
6	8	2	4	4	8
7	2	4	1	9	10
8		8	9	2	4
9	6	1	6		2
10	1	10	5	8	7

OS

*In case the Senior and/or Master are less than 10, the running order will be the reverse of the semi-final ranking or they could simply have a direct final without a semi-final.

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POLE SPORT & ARTS WORLD FEDERATION European Pole Sport & Aerial Championship 2023 Centro Sportivo Corticelli Via Enzo Zoni, 2, 40133 Bologna (Italy)

Form to be sent to:

Organizing Committee

E-Mail: <u>contact@posaworld.org</u> <u>polesportandgymnasticsacademy@gmail.com</u>

Deadline: 8th of June 2023

DEFINITIVE REGISTRATION

			Con	tact figure :		
H D	ead of elegation		Pho	ne :		
			E-m	ail :		
Ath	letes:					
No	First name	Family r	name	Date of birth	Competition (Aerial and/or Pole Sport)	Category
1						
2						
3		Q				
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32			
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34			
35			

Non- athlete participants

	Name & Surname	Number of persons
Team leader		
4		
coach(es)		
	¥ ¥ ¥	
	DOGA	
	TUBA	2
additional person(s)		
	От О	









Athletes Application fee:

All individual categories application fee is 80€. Doubles Category: 145€ (72.50 per athlete) Doubles Category + individual Category: 110€ (55€ per athlete) Two disciplines (Individual Aerial + Individual Pole Sport): 145€ Application fee coaches: 20€ (per coach) Ticket spectator: 25€ (per day per person) The Head of Delegation does not have to pay any fees.

Payment must be sent via the IBAN below:

Pole Sport & Gymnastic Academy

IBAN: IT64H0538767019000003675764

BIC/SWIFT: BPMOIT22XXX

Place and date	Seal of the NF	NF authorised signature
t S		Signature of the President or Secretary General of the participating affiliated POSA member

Please, this form must be sent to the OC with the invoice payment.

E-mail: contact@posaworld.org



Davide Lacagnina President



